

Lansinoh.

11 Benefits of breastfeeding for baby

Get sick less and have a lower risk of allergies.



Have a lower risk of obesity and Types 1 and 2 diabetes.



Have a lower incidence of SIDS (Sudden Infant Death Syndrome).



Have a reduced risk for ear infections (otitis media) and gastroenteritis.

Are on a path to optimal brain development.



Get nutrients that help strengthen and develop their immature immune system in a way no other substance can.



Respond better to immunizations against Polio, Tetanus, Diphtheria, and Haemophilus influenza (bacterium that can cause a severe infection).



Have optimal oral development because of their jaw movements and nutrients in breastmilk decrease the risk of tooth decay.



Are protected against respiratory infections including those caused by rotaviruses.



Are less likely to be hospitalized with pneumonia or bronchiolitis, and have a decreased risk of lower respiratory tract infections.



Have been associated with a slightly enhanced performance on cognitive development tests.