## Breastmilk

Antibodies

Anti-Cancer (HAMLET)

Growth Factors

Enzymes

Disease Fighting Stem Cells

Hormones

Anti-Viruses

Anti-Allergies

Anti-Parasites

Probiotics

Prebiotics

Minerals

Vitamins

Fat

DHA/ARA

Carbohydrates

Protein

Water

## Breastmilk

has **more** of what babies need.

Formula

Probiotics (Not in all formulas)

Prebiotics
(Not in all formulas)

Minerals

Vitamins

Fa

DHA/ARA

Carbohydrates

Protein

Water



California Department of Public Health, California WIC Program

This institution is an equal opportunity provider.

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